



## Wellbeing

- Barnardos 'Positive Identities -Prouder Communities' provides support for LGBTQ young people through emotional and one-to-one support.  
Who is it for: children and young people aged 8-24 in North

and West Yorkshire

- Chilypep 'Happy Group' provides support to integrate into their local communities and offer opportunities to influence and shape services available in the area.  
Who is it for: unaccompanied asylum-seeking children and young people up to age 25
- Kaleido Arts for wellbeing CIC delivers wellbeing programmes to people who have been impacted by war, abuse, or loss through art-based workshops, for example writing, craft, drumming and drama.  
Who is it for: young people based in Sheffield
- Kooth is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre.  
Who is it for: young people who have access to internet.
- Levelling The Playing Field organises sport and physical activities to engage and improve wellbeing for ethnically diverse children.  
Who is it for: ethnically diverse children in London, Gwent, West Midlands and South Yorkshire.
- Mindwell offers diverse wellbeing activities which are accessible to young people in Leeds City Council.

Who is for: young people in Leeds.

- North Yorkshire Together offers creative and physical activities for children and families in Hambleton District.  
Who is it for: young people in Hambleton District.
- Open Doors offers a range of services to asylum seekers and refugees, including music classes, wellbeing activities, volunteering opportunities, English classes and other practical support for daily life challenges.  
Who is it for: asylum seekers and refugees based in Hull.
- St Augustine's Centre Halifax runs a range of activities including advice drop-ins, conversation clubs, football clubs, clothing donation and other.  
Who is it for: asylum seekers and refugees in Halifax.
- Women & Girls Alliance Leeds is a social football club for beginners or women looking to get back into football. The activity runs twice a month.  
Who is it for: women and girls from any background in Leeds
- Youth in Mind offer one-to-one support, mentoring, peer groups and buddies.  
Who is it for: UASC with a proficient level of English in Craven and Bradford District

## Other

- [Arise Refugees](#) offers mentoring programs to empower young refugees and help them integrate in the community.  
Who is it for: young asylum seekers and refugees in Leeds.
- Barnardos provides [support to frontline professionals and foster carers to safeguard children who are trafficked](#). The service is available in North and West Yorkshire in our region.
- [Bevan Healthcare Bradford](#) runs a multi-agency weekly drop-in accessible to young people.  
Who is it for: asylum seekers and refugees in Bradford
- [Bradford Refugee Forum](#) assists with mentors and befrienders for newly arrived asylum seekers  
Who is it for: newly arrived asylum seekers and refugees in Bradford
- [FYI – Families and Young Persons Information \(Bradford\)](#) provides advice, information and signposting for families, children and young people.  
Who is it for: professionals working with families and young people in Bradford District
- [Leeds Refugee Forum](#) provides support through ESOL classes, homework clubs and youth group.  
Who is it for: refugees and asylum seekers in Leeds.
- [Light Up Black and African Heritage Calderdale](#) runs different programs for Africans living in the area.

Who is it for: any person from African, Black and Minority Ethnic communities

- [Mind Doncaster](#) runs a group support for refugees and asylum seekers. The services include various activities ranging from group discussions and English classes.  
Who is it for: asylum seekers and refugees.
- [New Beginnings Projects](#) offers information and advice on volunteering, employment and education. They also run a range of social activities including walks, sports and workshops.  
Who is it for: asylum seekers and refugees in Sheffield.
- [North Lincolnshire Sanctuary Group](#) provides befriending, practical support and signposting to relevant services.  
Who is it for: unaccompanied asylum-seeking children and Syrian, Iraqi, and Turkish families.
- [PAFRAS 'Young Migrants Matters'](#) offers both immigration casework and wellbeing support.  
Who is it for: migrants' children and young people in Leeds.
- [PATH Yorkshire](#) offers education, training and employment support to refugees and asylum seekers.  
Who is it for: diverse migrant group, including refugees and asylum seekers.
- [Refugee Action Bradford](#) provides one to one support and group activities for refugees and asylum seekers, including casework support, wellbeing activities, and advice.  
Who is it for: refugee and asylum seekers families in Bradford.

- [Refugee Action York](#) runs different programs for young asylum seekers and refugees. These include a youth club, sports club, one-to-one mentoring programs and mother tongue language classes.  
Who is it for: secondary school aged people in York.
- [Refugee Council](#) offers a nationwide service for unaccompanied asylum-seeking children by providing advice, guidance and support throughout the asylum system.  
Who is it for: unaccompanied asylum-seeking children.
- Refugee Council offer support through their '[Age Dispute Project](#)' for children who are age disputed by either the Home Office or local authorities.
- [RETAS](#) runs a range of programs, from housing support to advocacy service which are accessible to young people.  
Who is it for: asylum seekers and refugees in Leeds.
- [Sexual Health Sheffield](#) provides a range of services, including youth clinic for anyone aged 18 or under. They offer free and confidential advice.  
Who is it for: young people aged 18 or under.
- [Simple Connect North East Lincolnshire](#) provides support for asylum seekers and refugees in North East Lincolnshire. This includes English classes, employment and education support.  
Who is it for: asylum seekers and refugees based in Grimsby.
- [SPRING](#) is a partnership of different organisation who provide advice and support to newly granted refugees.  
Who is it for: people who have been newly granted refugees' status.

- [St Vincent's Centre](#) provides weekly activities for various group where people can develop new skills and connect with the community.  
Who is it for: vulnerable individuals and families in Leeds.
- [Together Trust](#) offers one-to-one sleep clinics and online advice.  
Who is it for: local parents and carers in Bradford District and Craven, Trafford and Rochdale
- [Torture-ID](#) offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.  
Who is it for: professionals working with migrant children in Yorkshire and Humber
- [Twinkl LTD](#) provides free downloadable resources useful to assist young people with their mental wellbeing  
Who is it for: UASC with a proficient level of English and with access to internet

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**Source URL:** [\*https://www.migrationyorkshire.org.uk/wellbeing-and-other\*](https://www.migrationyorkshire.org.uk/wellbeing-and-other)