# Introduction to cohesion in communities with new migrants



**Do you know what is the difference between 'integration' and 'cohesion'? In these challenging times, this session will help you understand why**

**cohesion is important for all. We will explore current barriers and challenges to cohesion, especially in areas with new migrants, and consider practical ways to bring your local community together and build meaningful connections.**

## Aims and Outcomes:

- What cohesion is and how it differs from ‘integration’
- Why cohesion is important
- Looking at the local picture
- Current barriers and challenges to cohesion
- Ways forward

Image




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