

External resources for training and development

King's College London is offering a free 10 week online course: 'Research Methods: A practical guide to Peer and Community Research', hosted on FutureLearn, and designed to introduce research methods to anyone who wants to carry out peer or community research to support social change.



The Patient Experience Research Centre at Imperial College London has developed a co-research resource for training people with lived experience. The pack is free to download and can be adapted as required. Additional resources are available on the Imperial College public involvement resource hub as well as public involvement and participatory approaches training

available on Coursera.

The graphic has a light blue background with dark blue wavy borders at the top right and bottom. On the left, there is an illustration of a computer monitor showing two people, a man and a woman, both holding papers and looking at them. To the right of the monitor, the title 'Peer Research Training Resource' is written in a large, bold, dark blue font. Below the title, a paragraph in bold dark blue text states: 'This resource provides a starting point to help train people with lived experience to become peer researchers. The resource includes public-friendly training on:'. This is followed by a bulleted list of four items: 'Research Integrity: Ethics and Research Data Management', 'Qualitative Research and Public Involvement', 'Interviewing Skills and Emotional Wellbeing', and 'Analysing Interview Transcripts'. Below the list, another bold dark blue sentence reads: 'Simply download the pack, then adapt to fit with your own project.' In the bottom left corner, the logos for 'Imperial College London' and 'NIHR | Imperial Biomedical Research Centre' are displayed. In the bottom right corner, there is a large black and white QR code.

Peer Research Training Resource

This resource provides a starting point to help train people with lived experience to become peer researchers. The resource includes public-friendly training on:

- Research Integrity: Ethics and Research Data Management
- Qualitative Research and Public Involvement
- Interviewing Skills and Emotional Wellbeing
- Analysing Interview Transcripts

Simply download the pack, then adapt to fit with your own project.

Imperial College London **NIHR** | Imperial Biomedical Research Centre



Partnership for Young London, funded by Trust for London, published a Peer Research Toolkit (2021) based on their learning from supporting 12 projects. They have also delivered a peer research training series - you can access the recording from each session:

- Introduction to peer research
- Recruitment and remuneration
- Decision making and training



This open access handbook (2018) is targeted at members of the public involved in health research and aims to provide knowledge of research methods in order to enable meaningful participation. It was developed as part of the EQUIP study (Enhancing the Quality of User Involved Care Planning in Mental Health Services) funded by the National Institute for Health Research.



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