# Welcoming and Supporting Young Refugees

**Welcome to 'Welcoming and Supporting Young Refugees' Training.**

# AGENDA

**Arrive and Introductions**

**Part 1 - Migrant Terms and Journeys**

Who is a migrant?
Quiz - Data
What routes do young people take to get to the UK?
Journey Activity - discussion

**Part 2 - Processes**

The Asylum Process
Immigration Status
Illegal Migration Act
Age Assessment

**break**

**Part 3 - Welcoming and Supporting Young Refugees**

The care and support needs of young refugees – group exercise
Trauma informed approach to supporting young people
How to Welcome a Young Person into your care
Services & Support
Training & Events

**Finish**

## Please review the following resources in preparation for the session:

### Pre-Session Activity: The Escape Journey

As part of your pre-session preparation, we will facilitate a discussion centred on The Syrian Journey, which highlights the real stories of individuals fleeing Syria. This feature explores the complex routes, options, and outcomes faced by refugees, shedding light on the difficult choices made by those seeking safety and a better life.

Before the session, please click on the following link to engage with this powerful narrative and reflect on the tough decisions refugees face:

*Please be aware that this scenario contains content that may be distressing to some, as it is based on real-life experiences.*

The Syrian Journey - BBC

**During Session Activity: Case Studies**
These case studies will be used during the session; no pre-reading is required.

*This Scenario includes content which some people may find distressing, these are based on real life experiences.*

## Case Study - Mustafa

Mustafa is a 16-year-old boy from Sudan. Mustafa and his family had to flee due to political instability. His father lost his life in a political riot. Since that incident, his family were persecuted as rebels. Mustafa's mother was left with no choice but to agree to the family being smuggled out of the country. They eventually managed to travel to Libya.

In Libya, Mustafa and his family were exploited to work for long hours and mistreated if they did not comply. The situation became unbearable, so they decided to take an inflatable boat to cross the Mediterranean Sea. Unfortunately, during the journey, Mustafa lost contact with his family during a shipwreck. Mustafa is still unsure if the family survived and often worries about them.

When Mustafa arrived at the shores of Italy, he received advice from the people he travelled with. They told him it was better to travel to the UK. He had to trade few belongings and money he had to pay for the journey. Upon arrival, Mustafa was physically worn out and for this reason, border officials disputed his claimed age and Mustafa was sent off to adult asylum accommodation. During his stay in the hotel, Mustafa was often maltreated and bullied by other people seeking asylum who were living there. They thought it was ok to bully Mustafa because he was the youngest. Eventually, a referral was sent to the local authority when a member of staff became concerned that Mustafa may not be an adult, but a 16-year-old child.

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**Case Study -Xuan**

Xuan is a 16-year-old girl from Vietnam. In 2021, when Xuan was about 14 years old, her neighbours promised Xuan's parents a better future if Xuan accompanied them to the UK. They told the parents that they would provide accommodation, access to school and also financial support to the family. That same year, Xuan travelled with her neighbours via plane on a tourist visa. The neighbours never gave her access to her documents. Xuan was moved into a hostel where other young children were also accommodated. She was lured into sexual exploitation, while being told that she was helping her family back home. She was also advised not to trust police or share any of her experiences as this would impact on the wellbeing of her family. Xuan stayed in this situation for nearly two years. In early 2023, the police raided the facility where Xuan was being kept. Xuan and others were taken out of the exploitative situation. When Xuan was found, she was exhausted, could not speak any English and reluctant to cooperate with the police.

**Post-Sessions Resources and Feedback**

Following the online session, you will receive the PowerPoint slides and relevant resources for your reference.

To help us improve and enhance future training, we kindly request that you complete a brief feedback survey. Please use the following link to provide your feedback.
Training Feedback Survey

Your input is highly valued and will contribute to the continuous development of our training programs.

Thank you for your participation.

**If you have any questions, please feel free to contact us via email:** admin@migrationsupport.org.uk

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**Source URL:**
*https://www.migrationyorkshire.org.uk/news/welcoming-and-supporting-young-refugees*