



- Barnardos 'Positive Identities -Prouder Communities' provides support for LGBTQ young people through emotional and one-to-one support.  
Who is it for: children and young people aged 8-24 in North and West Yorkshire

- CAMHS is an NHS service that provides therapy and emotional support for people with mental health challenges. You can find one in every local authority  
Who is it for: children and young people, including unaccompanied children.
- Kooth is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre.  
Who is it for: young people who have access to internet.
- North Lincolnshire Sanctuary Group provides befriending, practical support and signposting to relevant services.  
Who is it for: unaccompanied asylum-seeking children and Syrian, Iraqi, and Turkish families.
- North Yorkshire Together offers creative and physical activities for children and families in Hambleton District.  
Who is it for: young people in Hambleton District.
- Open Doors offers a range of services to asylum seekers and refugees, including music classes, wellbeing activities, volunteering opportunities, English classes and other practical support for daily life challenges.  
Who is it for: asylum seekers and refugees based in Hull.

- Refugee Action York run different programs for young asylum seekers and refugees. These include a youth club, sports club, one-to-one mentoring programs and mother tongue language classes.  
Who is it for: secondary school aged people in York.
- Refugee Council offers a nationwide service for unaccompanied asylum-seeking children by providing advice, guidance and support throughout the asylum system.  
Who is it for: unaccompanied asylum-seeking children.
- Refugee Council 'My View' and 'My View Remote' also offers therapeutic support which includes up to 12 sessions and has capacity for up to three urgent interventions for those with more complex cases.  
Who is it for: children between 12 and 17 years who are in Yorkshire and Humber and remotely.
- Simple Connect North East Lincolnshire provides support for asylum seekers and refugees in North East Lincolnshire. This includes English classes, employment and education support.  
Who is it for: asylum seekers and refugees based in Grimsby.

- Torture-ID offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.  
Who is it for: professionals working with migrant children in Yorkshire and Humber
- Migration Yorkshire provides a list of solicitors available to support young people with their asylum claim

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**Source URL:** <https://www.migrationyorkshire.org.uk/north-yorkshire-and-humber>