

Support in Yorkshire and



Information about where you can find help in Yorkshire and Humber.

Wellbeing support

Hongkongers in Britain

Hongkongers in Britain (HKB) is a community organisation based in London but working across the UK. They provide range of services, including mental peer support and offloading service via 1-2-1 chat sessions on webchat, telephone, text or in-person

Contact: Instant Message Mental Peer Support Line:

- Telegram: @hkb_mental_peer_support
- via +44 (0) 7936 998 707 on Signal, WhatsApp or Telegram
- register at www.hongkongers.org.uk/mental-and-career-coaching

Open: Tuesdays, Thursdays (10am-2pm & 6pm-10pm) and Saturdays (10am-6pm)

Language: Cantonese and English

Barnardo's Boloh Helpline

'The Boloh Helpline' offers emotional support and six free sessions of psychotherapy delivered by qualified Barnardo's therapists. These sessions can take place remotely via telephone or online at a time that works for you.

Contact: 08001512605 or email boloh.helpline@barnardos.org.uk

Open: Monday – Friday (10am-8pm) and Saturday (10-3pm)

Language: English (Cantonese interpreter can be requested)

Employment

Migrant Help

Migrant Help offers free help with employability skills, identifying transferable skills, CV writing, interview preparation, job seeking, training, qualification conversion, employment, self-employment, or business support.

Contact: hongkongwelcome@migranthelpuk.org or
07815694990 (Nahida Ahmed)

Language: English (Cantonese interpreter available)

Renaishi

Renaishi runs online workshops designed for BNO visa holders seeking employment. The workshops cover three areas: preparing for work in the UK, applying for a job and interview skills.

For more information about the sessions visit
<https://renaishi.com/services/mission-perm/>

Register for workshops here:
<https://www.eventbrite.com/cc/hongkongers-in-britain-employment-support-179999>

Language: English

Hong Kong Nursing Association

Hong Kong Nursing Association UK provides information, pastoral care, and support for Hong Kong Nurses in the UK. They have produced an Information guide for Hong Kong Nurses about working in England

Contact: recruitment@hknauk.org

Language: Cantonese and English

Advice (including related to immigration matters)

Kirklees Citizens Advice and Law Centre

Kirklees Citizens Advice and Law Centre runs the [Hong Kong Settlement Scheme project](#), which provides bilingual (English and Cantonese) advice for BNO visa holders residing in Yorkshire and Humber.

They provide advice on:

- access to education, housing, healthcare, employment and more
- legal advice, including immigration advice

Contact: 07946100446 (Jenny), HKSS@kcalc.org.uk **or** you can also [fill in this contact form](#)

Open: Tuesdays (9:00-12:00) and Thursdays (13:00-16:00)

Language: Cantonese and English

Social activities, peer support, informal English learning opportunities

Sheffield Chinese Christian Church (SCCC)

SCCC helps new arrivals in Sheffield and surrounding areas to settle into life in the UK. Help and activities are open to all Hongkongers, including individuals who are not part of the congregation.

Location: 1 Anns Road, Heeley, Sheffield. S2 3DJ, UK

Contact: Enoch Cheng on 07827 408838 and Pastor Joe Lam on 07599 59684.

Language: Cantonese and English

FaithAction

Faith Action is a faith-based community organisation running 'Café Connect' projects to welcome Hongkongers with a space to practice English (informally), learn about local facilities and services, and befriending.

Location: 'Café Connect' in Leeds – St Barnabas Church, The View, Alwoodley, Leeds LS17 7NA

Open: Thursday between 10am and 12pm

Contact: 0113 265 4926 or anne.smith@faithaction.net or admin@stbarnabasalwoodley.org.uk

Language: English only

Health For All

Leeds based charity providing support across Yorkshire and Humber. They offer information, social activities, peer support and English learning opportunities

Contact: Kobiu Wong 07498734603 and Huazhu Liu 07930250508

Language: Cantonese and English

Hongkongers in Britain (Yorkshire and Humber)

Hongkongers in Britain (HKB) also run local activities and social events across the UK. They have a dedicated outreach coordinator for Yorkshire and Humber.

Contact: lai.ming.hui@hongkongers.org.uk

Language: Cantonese and English

Welcome Churches UK

Welcome Churches offers online events, job fairs and opportunity portal, Skills to Work Initiative, Friendship Festivals and a welcome course.

Contact: info@welcomechurches.org

Source URL: <https://www.migrationyorkshire.org.uk/support-yorkshire-and-humber>