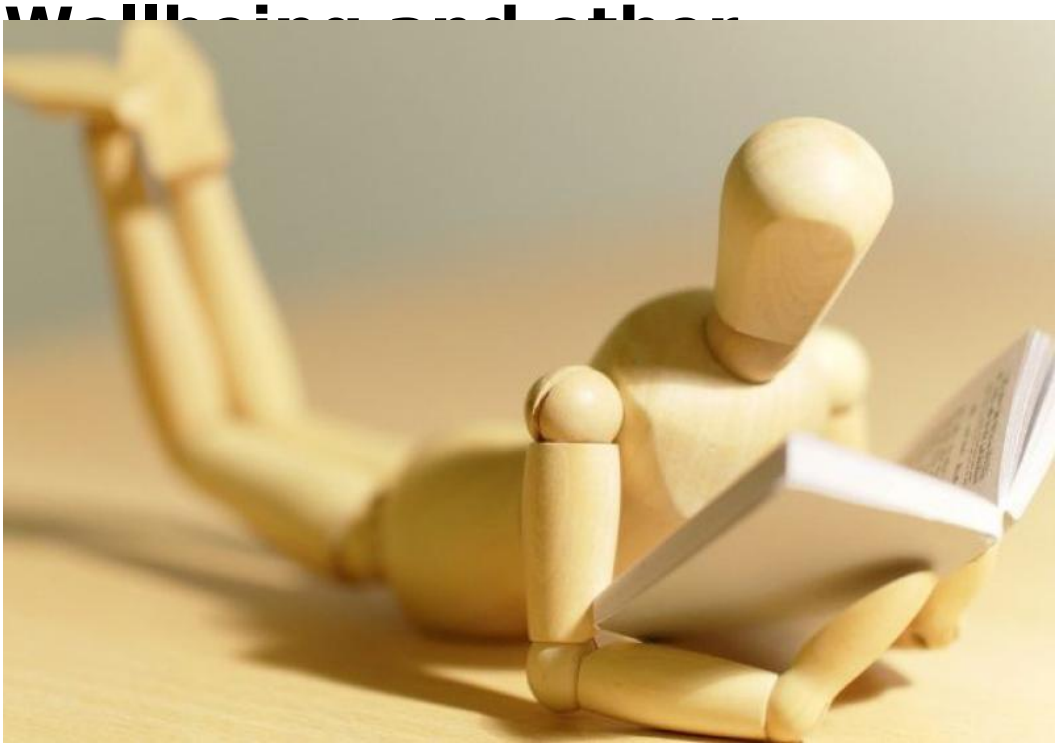
Wellbeing and other



Wellbeing

- Barnardos ‘Positive Identities -Prouder Communities’ provides support for LGBTQ young people through emotional and one-to-one support.
  Who is it for: children and young people aged 8-24 in North

and West Yorkshire

- Chilypep ‘Happy Group’ provides support to integrate into their local communities and offer opportunities to influence and shape services available in the area.
  Who is it for: unaccompanied asylum-seeking children and young people up to age 25

- Kaleido Arts for wellbeing CIC delivers wellbeing programmes to people who have been impacted by war, abuse, or loss through art-based workshops, for example writing, craft, drumming and drama.
  Who is it for: young people based in Sheffield

- Kooth is an online platform which provides a range of mental health support through online forums, messaging, magazines, and an activity centre.
  Who is it for: young people who have access to internet.

- Levelling The Playing Field organises sport and physical activities to engage and improve wellbeing for ethnically diverse children.
  Who is it for: ethnically diverse children in London, Gwent, West Midlands and South Yorkshire.

- Mindwell offers diverse wellbeing activities which are accessible to young people in Leeds City Council.

Who is for: young people in Leeds.

- North Yorkshire Together offers creative and physical activities for children and families in Hambleton District.
  Who is it for: young people in Hambleton District.

- Open Doors offers a range of services to asylum seekers and refugees, including music classes, wellbeing activities, volunteering opportunities, English classes and other practical support for daily life challenges.
  Who is it for: asylum seekers and refugees based in Hull.

- St Augustine's Centre Halifax runs a range of activities including advice drop-ins, conversation clubs, football clubs, clothing donation and other.
  Who is it for: asylum seekers and refugees in Halifax.

- Women & Girls Alliance Leeds is a social football club for beginners or women looking to get back into football. The activity runs twice a month.
  Who is it for: women and girls from any background in Leeds

- Youth in Mind offer one-to-one support, mentoring, peer groups and buddies.
  Who is it for: UASC with a proficient level of English in Craven and Bradford District

Other

- Arise Refugees offers mentoring programs to empower young refugees and help them integrate in the community.
  Who is it for: young asylum seekers and refugees in Leeds.
- Barnardos provides support to frontline professionals and foster carers to safeguard children who are trafficked. The service is available in North and West Yorkshire in our region.
- Bevan Healthcare Bradford runs a multi-agency weekly drop-in accessible to young people.
  Who is it for: asylum seekers and refugees in Bradford
- Bradford Refugee Forum assists with mentors and befrienders for newly arrived asylum seekers
  Who is it for: newly arrived asylum seekers and refugees in Bradford
- FYI – Families and Young Persons Information (Bradford) provides advice, information and signposting for families, children and young people.
  Who is it for: professionals working with families and young people in Bradford District
- Leeds Refugee Forum provides support through ESOL classes, homework clubs and youth group.
  Who is it for: refugees and asylum seekers in Leeds.
- Light Up Black and African Heritage Calderdale runs different programs for Africans living in the area.

Who is it for: any person from African, Black and Minority Ethnic communities

- Mind Doncaster runs a group support for refugees and asylum seekers. The services include various activities ranging from group discussions and English classes.
  Who is it for: asylum seekers and refugees.

- New Beginnings Projects offers information and advice on volunteering, employment and education. They also run a range of social activities including walks, sports and workshops.
  Who is it for: asylum seekers and refugees in Sheffield.

- North Lincolnshire Sanctuary Group provides befriending, practical support and signposting to relevant services.
  Who is it for: unaccompanied asylum-seeking children and Syrian, Iraqi, and Turkish families.

- PAFRAS 'Young Migrants Matters' offers both immigration casework and wellbeing support.
  Who is it for: migrants' children and young people in Leeds.

- PATH Yorkshire offers education, training and employment support to refugees and asylum seekers.
  Who is it for: diverse migrant group, including refugees and asylum seekers.

- Refugee Action Bradford provides one to one support and group activities for refugees and asylum seekers, including casework support, wellbeing activities, and advice.
  Who is it for: refugee and asylum seekers families in Bradford.

- Refugee Action York runs different programs for young asylum seekers and refugees. These include a youth club, sports club, one-to-one mentoring programs and mother tongue language classes.
  Who is it for: secondary school aged people in York.

- Refugee Council offers a nationwide service for unaccompanied asylum-seeking children by providing advice, guidance and support throughout the asylum system.
  Who is it for: unaccompanied asylum-seeking children.

- Refugee Council offer support through their 'Age Dispute Project' for children who are age disputed by either the Home Office or local authorities.

- RETAS runs a range of programs, from housing support to advocacy service which are accessible to young people.
  Who is it for: asylum seekers and refugees in Leeds.

- Sexual Health Sheffield provides a range of services, including youth clinic for anyone aged 18 or under. They offer free and confidential advice.
  Who is it for: young people aged 18 or under.

- Simple Connect North East Lincolnshire provides support for asylum seekers and refugees in North East Lincolnshire. This includes English classes, employment and education support.
  Who is it for: asylum seekers and refugees based in Grimsby.

- SPRING is a partnership of different organisation who provide advice and support to newly granted refugees.
  Who is it for: people who have been newly granted refugees' status.

- St Vincent's Centre provides weekly activities for various group where people can develop new skills and connect with the community.
  Who is it for: vulnerable individuals and families in Leeds.
- Together Trust offers one-to-one sleep clinics and online advice.
  Who is it for: local parents and carers in Bradford District and Craven, Trafford and Rochdale
- Torture-ID offer health assessment about migrant children and young people for solicitors and social workers. These can be submitted to the Home Office.
  Who is it for: professionals working with migrant children in Yorkshire and Humber
- Twinkl LTD provides free downloadable resources useful to assist young people with their mental wellbeing
  Who is it for: UASC with a proficient level of English and with access to internet

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Source URL: *https://www.migrationyorkshire.org.uk/wellbeing-and-other*